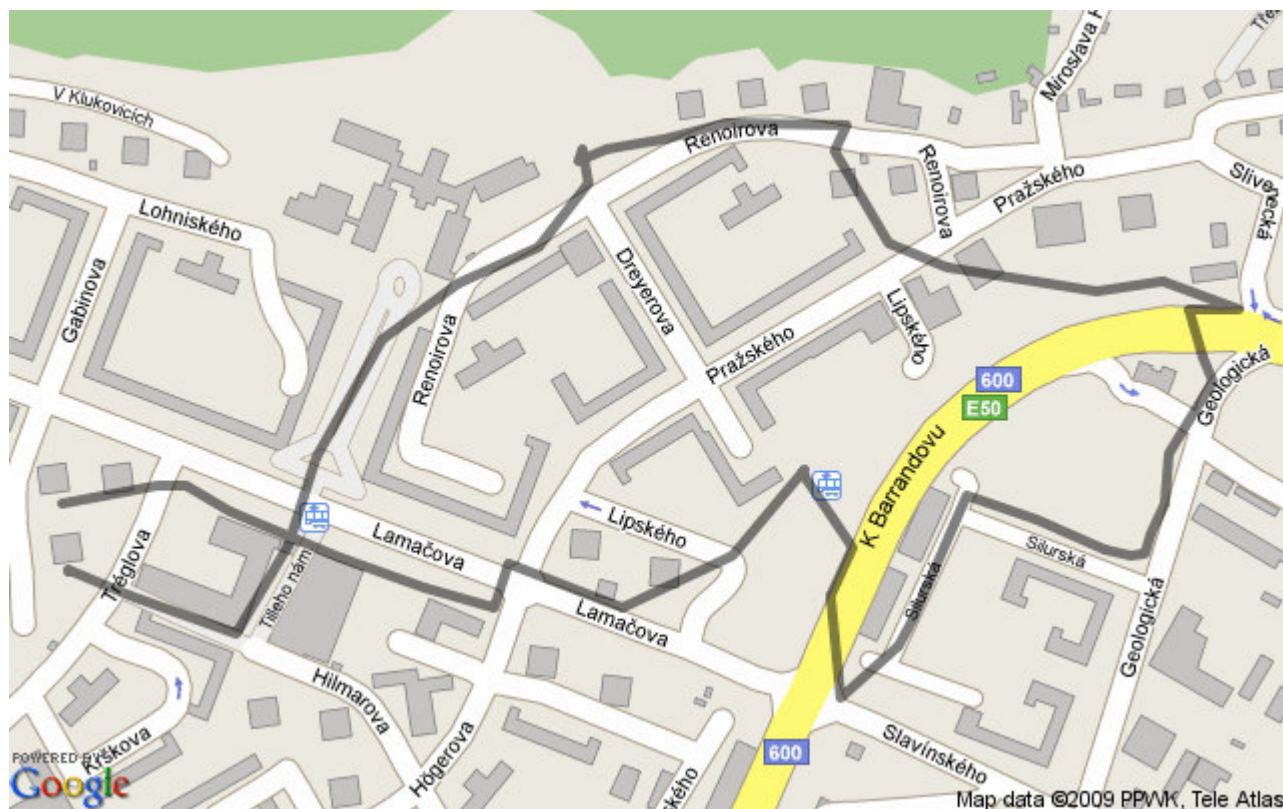


Workout: 15.05.2009 16.53 Date: 15.05.09 16:54 Views: 0



Workout summary

Username	Tom_794
Activity	Other workout 2
Route	
Start time	15.05.09 16:54
Duration	1 h 1 min 26 s
Distance	4,68 km
Speed (average)	4,6 km/h
Speed (max)	25,3 km/h
Pace (average)	13 min 8 s / km
Pace (max)	2 min 22 s / km
Altitude (min)	331,4 m
Altitude (max)	370,9 m
Step count	0
Heart rate (manual)	

Workout profile

