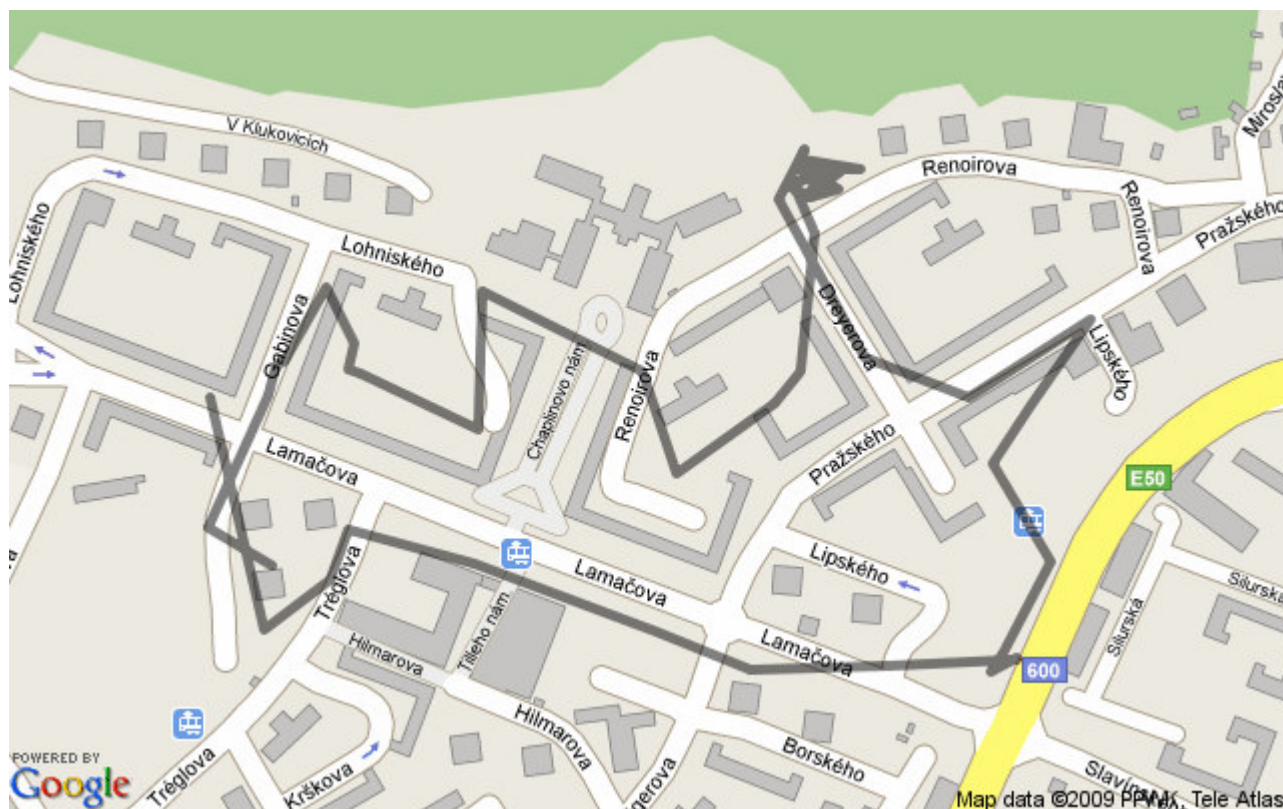


Workout: 20.05.2009 17.10 Date: 20.05.09 17:10 Views: 0



Workout summary

Username	Tom_794
Activity	Other workout 2
Route	
Start time	20.05.09 17:10
Duration	1 h 33 min 33 s
Distance	9,81 km
Speed (average)	6,3 km/h
Speed (max)	26,2 km/h
Pace (average)	9 min 32 s / km
Pace (max)	2 min 18 s / km
Altitude (min)	291,9 m
Altitude (max)	379,5 m
Step count	0
Heart rate (manual)	

Workout profile

